

TITLE: Pride Rainbow Kite

OBJECTIVE: To teach girls how to make a kite, have a sense of pride in who they are and that they matter no matter who they are.

TIME: 30 - 60 minutes

MATERIALS:

- Promise & Law
- Paper Bags
- Coloring utensils
- Yarn
- Scissors
- Different color streamer paper
- Tape
- Popsicle sticks or pencil
- Coloring pages as back up activity



INSTRUCTIONS:

Pre-work - Have a coloring or worksheet and coloring utensils at each table before girls come. Have them work on the sheet while everyone settles and you take attendance. Have extra materials being used out and organized.

1. **2 min.** - When ready, ask for 2 volunteers to read the promise and law.
2. **25 min** – Hand out paper bags and markers and tell girls not to open bags. Give them the prompt of “I am proud of...” and have them finish the sentence by writing it all over their bag with markers. After their bags are decorated, each girl has to tape a piece of long yarn inside of the bag several times, so it is secure. Wrap the other end of the yarn onto the stick. This is what they will hold while flying their kite. Have each girl choose different color streamers to tape from the closed end of the bag. The kite is now ready to fly!
3. **15 min.** – If time and site allow, have the girls fly their kites outside.
4. **10 min.** – Ask some of the discussion questions below and emphasize that we are proud of who they are and they should always be proud too. Give them an opportunity to share one thing they’re proud of with the group. Then have the girls clean up their stations and line up to go back to their teacher or caregivers.

Discussion Questions: What is something you’re proud of yourself? How do other people let you know they are proud of you? How can you let someone know you are proud of them?

